

Lewis Senior, Equilibria CEO. AERO co-founder. Professional Biography.

Lewis is a personality diversity expert and in 2004 co-founded Equilibria, the global coaching organization that developed the E-Colors and Personal Intervention. These coaching tools are used by individuals, teams and companies all over the world to heighten awareness, promote conscious choices, improve communication, reduce errors, minimize risk and enhance human performance through intentional leadership.

He is also a highly sought after Senior Executive Performance Coach who has a passion for PEOPLE. His vision and the vision of Equilibria is simply “Realizing Potential” and he is committed to helping every human being to understand themselves and those around them better in order to live and lead with conscious intent.

Prior to starting Equilibria in 2004, Lewis was the Global Head of HSE for a major drilling contractor where he had a reputation for caring about the wellbeing, safety and development of people and possessing a unique ability to coach positive cultural change within the organization, particularly during times of change, mergers and acquisitions.

In 2013, Lewis started volunteering his time to coach principals, teachers and students in Independent Schools in Houston Texas. The results have been remarkable with schools who have embraced the E-Colors and Personal Intervention coaching tools seeing improved graduation rates and reduced incidents of bullying.

Additional accomplishments Include:

- Co-founded Equilibria in 2004 and remains CEO to date
- Consults and coaches at the executive, manager, supervisor and worker levels
- Coaches multiple leaders worldwide
- Co-author of “At the End of the Day” with Laura Senior Garcia
- Played a key leadership role in the unique experience provided to the Houston Super Bowl Host Committee
- Developed various communication and risk mitigation tools based on personality diversity for practical use in order to reduce injury and incidents
- Renowned for a coaching philosophy of Intentional Leadership
- Co-developed an upward mentoring program that helped a major organization become instantly recognized for their ability to value diversity and inclusion
- Co-founded E-Colors in Education (non-profit) in 2014
- Co-founded the partnership with Fisher IT in 2014 which resulted in AERO
- Involved in the leading edge communication and risk management tools developed for the world’s first dual activity drill ships
- Created a secondment program with anchor client that reset the bar for future leaders
- Co-developing Equilibria in Sports which will impact individuals and teams at all levels